






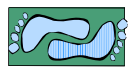

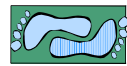


Hearth Place Cancer Support Centre

Drop-in Centre hours are Monday to Thursday 10:00 am to 4:00 pm
 Friday 10:00 am to 12:00 pm -- Phone 905 579 4833

Calendar of Events for April, 2010



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| <p>*Please call to pre-register. Be aware that the size of some classes may be limited or require minimum registration to run.</p> | <p>National Volunteer Week April 18-24</p>  |   <p>Daffodil Days Order your daffodils from Jenny prior to March 11th - delivery March 25th One bunch - \$ 7 Two bunches - \$12</p> | <p>1 1:30 & 3:00 Reiki by appt. 6:00-7:30 Kids Connection* 1/8 7:00-8:30 BRCA 1&2 Support Group*</p> | <p>2 <i>GOOD FRIDAY</i></p>  <p><i>HEARTH PLACE WILL BE CLOSED TODAY</i></p> |
| <p>5 10:00-11:00 Do It With Ease* 12:00-2:00 Newly Diagnosed Breast Cancer Support Group* 5/8 1:00-2:30 Caregiver Support Group* 5/8 7:00-9:00 Bouncing Back 1/8</p> | <p>6 9:30 Walk Club * 12:30-3:45 Reiki by appt. 2:00 & 3:30 Reflexology by appt. 7:00-8:30 Art Therapy * 1/8</p> | <p>7 10:30-11:45 Yoga* 1:00-3:00 Metastatic Support Group* 7:00-8:30 Alumni Breast Cancer Support Group*</p> | <p>8 6:00-7:30 Kids Connection* 2/8 7:00-9:00 Lymphoma & Blood Related Cancers Support Group*</p> | <p>9 10:00 & 11:00 Therapeutic Touch by appt. 10:00 & 11:00 Reflexology by appt.</p>  |
| <p>12 10:00-11:00 Do It With Ease* 10:00-11:30 Massage by appt. 1:00 & 2:15 Therapeutic Touch by appt. 12:00-2:00 Newly Diagnosed Breast Cancer Support Group* 6/8 1:00-2:30 Caregiver Support Group* 6/8 7:00-9:00 Bouncing Back 2/8</p> | <p>13 9:30 Walk Club * 10:30-3:00 Healing Touch by appt. 12:30-3:45 Reiki by appt. 2:00 & 3:30 Reflexology by appt. 2:00-4:30 Steps towards Spiritual Healing B* 3/5 5:00-7:00 Meditation and Spiritual Study 7:00-8:30 Art Therapy* 2/8</p> | <p>14 10:30-11:45 Yoga* 2:00 & 3:00 Reiki by appt. 1:00-3:00 Metastatic Support Group* 6:30-8:00 Young Hearts Support Group* 7/8 7:00-8:30 Pink Sensations</p> | <p>15 10:30-12:30 The Healing Journey Level 1&2* 1/10 1:30 & 3:00 Reiki by appt. 6:00-7:30 Kids Connection* 3/8 7:00-9:00 Information Evening with Ann DiMenna, Physiotherapist* 'Lymphedema: Triggers, Risk Factors, Travel and Research'</p> | <p>16 10:00 & 11:00 Therapeutic Touch by appt. 10:00 & 11:00 Reflexology by appt.</p>  <p>17 FUNDRAISING 7:00 p.m. – 12:00 a.m. Classic Country Benefit Dance for Hearth Place</p> |
| <p>19 10:00-11:00 Do It With Ease* 12:00-2:00 Newly Diagnosed Breast Cancer Support Group* 7/8 1:00-2:30 Caregiver Support Group* 7/8 7:00-9:00 Bouncing Back 3/8</p> | <p>20 9:30 Walk Club * 12:30-3:45 Reiki by appt. 2:00 & 3:30 Reflexology by appt. 2:00-4:00 Look Good Feel Better* 2:00-4:00 Transformational Power* 1/5 5:00-7:30 Life Story* 1/12 7:00-8:30 Art Therapy* 3/8</p> | <p>21 10:30-11:45 Yoga* 1:00-3:00 Metastatic Support Group* 7:00-8:30 Alumni Breast Cancer Support Group*</p> | <p>22 10:30-12:30 The Healing Journey Level 1&2* 2/10 2:00-4:30 Steps toward Spiritual Healing A* 1/8 6:00-7:30 Kids Connection* 4/8</p> | <p>23 10:00 & 11:00 Therapeutic Touch by appt. 10:00 & 11:00 Reflexology by appt.</p>  |
| <p>26 10:00-11:00 Do It With Ease* 10:00-11:30 Massage by appt. 1:00 & 2:15 Therapeutic Touch by appt. 12:00-2:00 Newly Diagnosed Breast Cancer Support Group* 8/8 1:00-2:30 Caregiver Support Group* 8/8 7:00-9:00 Bouncing Back 4/8</p> | <p>27 9:30 Walk Club * 12:30-3:45 Reiki by appt. 2:00 & 3:30 Reflexology by appt. 2:00-4:30 Steps towards Spiritual Healing B* 4/5 5:00-7:00 Meditation and Spiritual Study 6:30-8:00 Gynaecologic Cancer Support Group 7:00-8:30 Art Therapy* 4/8 7:00-9:00 Book Club*</p> | <p>28 10:30-11:45 Yoga* 2:00 & 3:00 Reiki by appt. 1:00-3:00 Metastatic Support Group* 6:30-8:00 Young Hearts Support Group* 8/8 7:00-9:00 Lymphoma & Blood Related Cancers Support Group*</p> | <p>29 10:30-12:30 The Healing Journey Level 1&2* 3/10 1:30 & 3:00 Reiki by appt. 2:00-4:30 Steps toward Spiritual Healing A* 2/8 6:00-7:30 Kids Connection* 5/8</p> | <p>30 10:00 & 11:00 Therapeutic Touch by appt. 10:00 & 11:00 Reflexology by appt.</p>  |